



TURTLE ISLAND
RESORT & RESIDENCES
AMBERGRIS CAYE, BELIZE

BREAKFAST MENU

Breakfast Beach Tacos

Corn tortilla with chorizo, potatoes, scrambled eggs, and refried beans topped with cheese and fried serrano peppers served with salsa roja. \$ 14.00

Lucy's Vegetable Omelet 

Three egg omelet filled with roasted bell peppers, onions, and cheddar cheese served with a side of toast. \$ 16.00

Belizean Breakfast

Fluffy fry jacks served with scrambled eggs or sunny side eggs, refried beans, a slice of queso blanco, and bacon. \$ 18.00

American Breakfast

Plain or banana pancakes served with eggs your way, sausage, and a side of breakfast potatoes. \$ 18.00

Steak & Eggs 

Grilled steak and eggs of choice served with callaloo, hash browns, and salsa roja. \$ 18.00

Waffles  

PLAIN OR GLUTEN FREE WAFFLES \$ 14.00
Plain or cassava waffles served with almond coconut syrup and assorted fruits.



BEACH TACOS

Oatmeal or Cereal  

A bowl of warm oatmeal or cereal and milk with sliced banana and strawberries. \$ 8.00

Breakfast Sandwich

White or wheat bread with fried eggs, sliced mozzarella cheese, bacon, lettuce, and grilled tomato. \$ 12.00

Huevos Rancheros  

Fried eggs served on lightly fried corn tortillas, smothered in salsa. \$ 14.00

Chicken & Waffles

Homemade waffles with crispy chicken tenders served with whipped butter and local honey. \$ 16.00

Shirlene's Healthy Breakfast Bowl  

A healthy bowl of vegetables, quinoa, boiled eggs (substitute with tofu), spinach, black bean salsa, corn, and avocado. \$ 18.00



BELIZEAN BREAKFAST

 Vegetarian  Gluten Free

All prices are in USD and subject to GST and service charge. Please let server know if you have any food allergies or dietary restrictions.



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BREAKFAST MENU SIDES

PLAIN PANCAKES	\$ 4.00
BANANA PANCAKES	\$ 5.00
FRY JACKS	\$ 4.00
WAFFLES	\$ 6.00
TOAST	\$ 2.00
HAM	\$ 3.00
SAUSAGE	\$ 3.00
EGGS	\$ 3.00
CHEESE	\$ 2.00
BREAKFAST POTATOES	\$ 4.00
YOGURT	\$ 5.00
YOGURT, FRUIT, & GRANOLA	\$10.00
FRUIT PLATTER	\$7.00
BREAD BASKET	\$10.00



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Gluten Free

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